

ETHNIC STUDIES

(See individual courses)

ANTH 360 Indians of North America
 ANTH 370 Olmec, Maya, Aztec People and Cultures of Mexico and Central America
 ART 125 Asian Art for Interiors: China and Korea
 ART 126 Asian Art for Interiors: Japan and Southeast Asia
 ART 127 Asian Art for Interiors: Japan, India, and the Philippines
 ECON 230 Economic History of the United States
 HIST 242 African-American History
 HIST 245 Race, Ethnicity and Immigration in the U.S.
 HIST 246 History of Latinos in the U.S.
 HIST 422 Modern Latin America
 HIST 425 Modern Latin America and the Caribbean
 HIST 451 Far Eastern Civilization and Heritage I
 HIST 452 Far Eastern Civilization and Heritage II
 INTD 320 Asian Art for Interiors: China and Korea
 INTD 321 Asian Art for Interiors: Japan and Southeast Asia
 INTD 322 Asian Art for Interiors: Japan, India, and the Philippines
 LIT. 252 Women Writers: Multicultural Perspectives
 LIT. 266 Black Literature
 LIT. 370 Readings in Literature of the Latino in the United States
 LIT. 371 Mexican-American Literature
 LIT. 372 Myth and Folklore of La Raza
 LIT. 373 Latin American Literature in Translation
 LIT. 375 Native-American Literature
 PSYC 106 Psychology of Ethnic Minority Groups
 SOCI 141 Understanding Diverse Racial/Ethnic Cultures
 SOSC 250 Mexican-American Culture
 SPAN 161 Readings in Spanish Literature I
 SPAN 162 Readings in Spanish Literature II

FASHION DESIGN

FASH 100 PRINCIPLES OF DESIGN

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Design principles and elements used in fashion to create effective and successful garment designs. Focus is on the recognition, analysis and evaluation of good design in both RTW and student's original designs. Other topics include sketching and presentation techniques. Transfer: CSU.

FASH 110 BEGINNING CLOTHING CONSTRUCTION

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None; Corequisite(s): Concurrent enrollment in FASH 699. Description: A course designed to provide an overview of basic sewing techniques, sewing machine skills, and understanding of fabrics and patterns. The focus is on teaching clothing construction methods for students with little or no sewing experience. Transfer: CSU.

FASH 111 TECHNIQUES OF FIT

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None; Corequisite(s): Concurrent enrollment in FASH 699.

Description: Effective pattern alteration by pivot and slide techniques for skirts, pants and bodice patterns. Techniques used for sizing, ease, fabric variability, and the analysis of individual figure problems are examined. Transfer: CSU.

FASH 113 TEXTILES

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: A study of natural and chemical fibers, yarns, weaving, finishing, and dyeing. Students also analyze methods used for purchasing and caring for clothing. Transfer: CSU, UC.

FASH 115 INTERMEDIATE CLOTHING CONSTRUCTION

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 110 or 111, or equivalent; Corequisite(s): Concurrent enrollment in FASH 699. Description: Intermediate sewing techniques for constructing collars, buttonholes, sleeves, hems, pockets, and other garment details. Students also learn how to construct garments using a variety of fabrics. Transfer: CSU.

FASH 116 TAILORING

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None; Corequisite(s): Concurrent enrollment in FASH 699.

Description: This course is designed to provide an overview of techniques applied to the construction of suits and coats. Students also analyze and adapt patterns for proper fit and evaluate and select fabrics for specific garments. Transfer: CSU.

FASH 118 FLAT PATTERN

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None; Corequisite(s): Concurrent enrollment in FASH 699.

Description: Introduction to the use of basic pattern-making theory to create garment design. Students learn how to draft a basic pattern to fit individual figures and to design clothing from the patterns. Transfer: CSU.

FASH 120 ADVANCED TECHNIQUES OF FIT

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 111 or 118 or equivalent; Corequisite(s): Concurrent enrollment in FASH 699. Description: How to design or copy garments by combining and/or altering patterns. Other topics include the theory of pattern making and interpreting magazine sketches or pictures to make exact copies. Students are required to make three garments. Transfer: CSU.

FASH 122 ADVANCED TAILORING

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 116; Corequisite(s): Concurrent enrollment in FASH 699. Description: Advanced tailoring techniques for the construction of jackets and coats. Students demonstrate mastery of collars, lapels, pockets, bound buttonholes, welt pockets, sleeves, and linings for suits and coats. Garments are constructed from commercial patterns or the student's original design with pattern adaptation for good personal fit. Transfer: CSU.

FASH 123 INTRODUCTION TO THE FASHION INDUSTRY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Analysis of trends and manufacturing techniques and their implications for fashion. Terminology, careers, and job responsibilities applicable to the fashion industry are covered. Transfer: CSU.

FASH 124 CREATIVE TECHNIQUES

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None; Corequisite(s): Concurrent enrollment in FASH 699. Description: Techniques used for embellishing clothing using originality and creativity. Students learn techniques for decorative machine stitchery, fabric painting, piecing, applique, and beading. Transfer: CSU.

FASH 128 DECORATING WITH FABRIC FOR THE SMALL BUSINESS

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 110 or 115, or equivalent; Corequisite(s): Concurrent enrollment in FASH 699. Description: Covers the basic techniques used to make custom curtains, draperies, pillows, bedspreads, table covers, and accessories. Emphasis is placed on how to select fabrics, determine yardage requirements, and handle large amounts of fabric. Transfer: CSU.

FASH 129 CLOTHING CHOICES FOR ANY BODY

Units (Grade Option) 0.5; Class Hours: Minimum of 8 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Learn how to analyze your figure by choosing flattering lines and proportions, and by comparing it to standard pattern measurements, as well as ready-to-wear sizing. Lifestyle and personal style preferences as well as current fashion and fabric trends are discussed. The evaluation of patterns, fabric, and garments are also included while choosing those that fit and flatter. Transfer: CSU.

FASH 131 FABRIC EMBELLISHMENT

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture/8 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: An in-depth study of embellishment techniques that can be used for clothing, home furnishings, and craft projects. Participation in hands-on, step by step demonstrations of different couture techniques and surface design work using diverse materials such as beads, satin cords, and trims are included. Transfer: CSU.

FASH 132 TROUSER CONSTRUCTION

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture/8 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Learn how to construct a classic trouser. Topics include fitting the trouser using a commercial pattern, pocket construction, button-fly front, classic and high faced waistbands, pleats, and lining. Transfer: CSU.

FASH 133 COPYING READY-TO-WEAR

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture/8 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Learn how to make a pattern from an existing garment without taking the garment apart. Through demonstration and hands-on experience, use the materials needed to generate this pattern from the existing garment, and make a muslin garment to test this pattern and refine it to ensure an exact duplicate of the original. Also included are facings, hem allowances, and other pertinent pattern drafting knowledge. Transfer: CSU.

FASH 134 BEGINNING MILLINERY

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture/8 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Introduction to the methods for designing and constructing millinery, millinery-blocking techniques and complete both a fabric covered buckram frame hat and a free form straw hat. Transfer: CSU.

FASH 135 PRINCIPLES OF MANUFACTURING

Units (Grade Option) 0.5; Class Hours: Minimum of 8 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Learn the basic principles required to manufacture a sewn product. Topics covered include sourcing fabric and trims, costing, locating, and evaluating contractors for pattern making, cutting and sewing. Transfer: CSU.

FASH 140 BASIC SERGING

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: The use of the serger sewing machine for creating a variety of edge finishes while constructing garments is presented in this course.

FASH 141 CREATIVE SERGING

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 140. Description: Students learn fast, decorative serging techniques using a variety of threads, trims, and fabrics to make unique garments in this course.

FASH 146 DESIGNER TECHNIQUES

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 110; Corequisite(s): Concurrent enrollment in FASH 699. Description: An overview of designers of the past and present and their influence on fashion. Students analyze the designer details in ready-to-wear fashions and apply the same techniques in clothing construction. Transfer: CSU

FASH 150 HISTORY OF FASHION

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: This course is a survey of fashions of Western Civilization from ancient cultures to the present day. Students analyze fashion trends and fads as influenced by industrial and political developments. Transfer: CSU.

FASH 162 ADVANCED FLAT PATTERN

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 118; Corequisite(s): Concurrent enrollment in FASH 699. Description: A comprehensive study of pattern making and the drafting techniques used for creating more advanced garment design. Students learn how to change clothing style lines and master dart manipulation for creating various fashion designs. Transfer: CSU.

FASH 163 PATTERN GRADING

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Techniques for taking a single sized pattern and grading it up and down into multiple sizes. An overview of different size ranges, methods of grading, and grading rules is included. Transfer: CSU.

FASH 164 FASHION ILLUSTRATION

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: An overview of sketching for clothing design with emphasis on perception development through specific drawing exercises to develop fashion figure proportions. A variety of media and drawing techniques are used to create fashion sketches. Transfer: CSU.

FASH 165 DESIGN INSPIRATION

Units (Credit/No Credit) 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: An introductory, theoretical design course geared to familiarize students with the commonly recognized sources of inspiration for the modern-day designer. The course concentrates on translating various sources of inspiration into contemporary fashion designs via student sketch work and design analysis. Transfer: CSU.

FASH 166 FASHION ENTREPRENEURSHIP

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: An overview of the fashion entrepreneurial opportunities in the apparel and sewn products industry. Establishing goals, record keeping, business promotion, and the advantages and disadvantages of self-employment are discussed. Individuals considering a small business relating to fashion, fabric, color, pattern work, and sewing profit from this course. Transfer: CSU.

FASH 167 THE CUSTOM DRESS FORM

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Students learn how to create a customized dress form used for design development and sewing construction. Students are fitted in customized covers, and foam dress forms are shaped to fit these covers. Transfer: CSU.

FASH 168 FASHION DRAPING

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None; Corequisite(s): Concurrent enrollment in FASH 699. Description: An overview of designing clothing on a dressform; students learn to use this three-dimensional design process to create patterns for original designs. Includes the translation of fashion ideas from design principles, while draping with muslin, to finished garments. Transfer: CSU.

FASH 170 FRENCH PATTERN DRAFTING

Units (Grade Option) 2; Class Hours: Minimum of 32 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: In this course, students learn the French Couture method for drafting a master pattern. The master pattern, known as the moulage, is a form-fitting pattern that duplicates the figure exactly with no ease added. It is used to create the sloper and basic sleeve. These are used to design many different garment styles. Transfer: CSU.

FASH 171 TROUSER MOULAGE

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Techniques for measuring and drafting a basic trouser sloper. Students then make the pattern in muslin and refine fit to produce a pattern for their figures. Drafting trouser details such as pockets, pleats, high waistbands, and fly-front is discussed also. Transfer: CSU.

FASH 172 BUSTIER

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 170 or equivalent. Description: This course is an introduction to the proper patternwork and construction techniques to create a well-fitting, well-performing strapless bodice (bustier), which can be adapted to evening wear or bridal wear. As these garments must fit closely, a well-fitting sloper, or the moulage from the French pattern drafting course is required. Transfer: CSU.

FASH 175 ADVANCED ILLUSTRATION

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 164. **Description:** The purpose of this course is to develop advanced fashion rendering skills and figure styles using a variety of media and drawing techniques to create original fashion illustrations. Emphasis is on developing flair, movement and attitude in the fashion figure. Drawing flats, specs, floats and fabric renderings are also covered. Transfer: CSU.

FASH 178 COMPUTERIZED PATTERN GRADING

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture/32 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 163. **Description:** In this course, students learn how to use the PAD system, a professional computerized pattern development system, to grade patterns into multiple sizes. Transfer: CSU.

FASH 180 COMPUTERIZED PATTERN DESIGN

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture/32 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 118 or equivalent. **Description:** This course is designed to teach PAD, a professional computerized pattern development system, to draft patterns for original designs. Students have the opportunity to develop patterns as used in the apparel industry. Transfer: CSU.

FASH 181 ADVANCED COMPUTERIZED PATTERN DESIGN

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture/32 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 180 or equivalent. **Description:** In this course students continue to develop their skills in using PAD, a professional computerized pattern development system. More advanced techniques and projects are covered, including the development of a line of designs realized in both patterns and fabric. Transfer: CSU.

FASH 190 IMAGE FOR THE NEW CENTURY

Units (Credit/No Credit) 0.5; Class Hours: Minimum of 8 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** In this new century the rules of dressing have changed. In this class students learn how to build a capsule wardrobe which makes the transition from business to casual to dressy. In addition, they learn guidelines for choosing styles and colors which highlight and flatter. Transfer: CSU.

FASH 195 PORTFOLIO DEVELOPMENT

Units (Credit/No Credit) 0.5; Class Hours: Minimum of 8 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** An overview of portfolio assembly methods for Fashion Design, with emphasis on professional display techniques of student's original designs. Course covers presentation techniques, materials, content considerations, organization, and layout choices. Transfer: CSU.

FASH 196 INTRODUCTION TO THE COSTUME INDUSTRY

Units 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** Introduction to the theater costuming industry as a profession. Students have the opportunity to visit costume shops throughout the Bay Area, learn the various jobs which are needed within a costume shop, and understand the process of designing theatrical costumes from concept to completion. Field trips and guest speakers are included. Transfer: CSU.

FASH 197 HISTORICAL AND THEATRICAL COSTUME DEVELOPMENT

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture/32 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 118 or equivalent pattern experience. **Description:** Pattern development and construction of historical costumes, from the middle ages to the beginning of the twentieth century. Learn how to apply the principles of modern pattern making to various historical styles and use this knowledge to design and create historical costumes. The unique cut and construction of each historical period is covered, along with undergarments and accessories necessary for each period. Transfer: CSU.

FASH 199 COSTUMING FOR THEATRICAL PRODUCTION

Units 3; Class Hours: Minimum of 48 lecture/32 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FASH 110 or equivalent sewing experience. **Description:** Learn to create costumes for an actual theatrical production. All aspects of theater costuming are utilized, including script analysis, design, pattern development, fitting, construction and alterations. Transfer: CSU.

FASH 350 ISSUES IN FASHION

Units (Grade Option) 1-10 (no more than 3 units per semester); Class Hours: Minimum of 16 lecture hour/semester per unit; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** This modular approach to issues in fashion covers diverse content that is of particular relevance to fashion majors. Each module is self-contained. Specific modules are offered each semester and are announced in the current schedule of classes. A limit of three of the modules applies toward the Fashion Design Certificate. See course schedule for FASH 350 courses which have a requirement for concurrent enrollment in a sewing lab. Transfer: CSU.

FILM**FILM 110 AMERICAN CINEMA**

Telecourse: Units 3; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** Familiarizes students with the history of American Cinema, focusing on the studio system, the star system, genres, and directors. Develops film vocabulary and critical viewing skills. Transfer: CSU: C1.

FRENCH

FREN 110 ELEMENTARY FRENCH

(CAN FREN 2) (CAN FREN SEQ A = FREN 110 + 120)

Units 5; Class Hours: Minimum of 80 lecture/32 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** Conversation in the language, dictation, reading, study of the fundamentals of grammar and the writing of simple French exercises. The student is urged to make extensive use of the listening facilities in the language laboratory. Transfer: CSU, UC.

FREN 111 ELEMENTARY FRENCH I

Units 3; Class Hours: Minimum of 48 lecture/32 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** The basic principles of beginning French, offered at a less intense pace than French 110. One semester equals approximately half of French 110. May be used for partial fulfillment of transfer language requirements. Transfer: CSU, UC*.

FREN 112 ELEMENTARY FRENCH II

Units 3; Class Hours: Minimum of 48 lecture/32 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FREN 111. **Description:** Further basic principles of beginning French, offered at a less intense pace than French 110. One semester equals approximately half of French 110. May be used for partial fulfillment of transfer language requirements. Transfer: CSU, UC*.

FREN 120 ADVANCED ELEMENTARY FRENCH

(CAN FREN 4) (CAN FREN SEQ A = FREN 110 + 120)

Units 5; Class Hours: Minimum of 80 lecture/32 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FREN 110 or equivalent. **Description:** Conversation, dictation, further study of grammar and sentence structure; study of cognates, derivatives and idioms, reading of short stories. The student is urged to make extensive use of the listening facilities in the language laboratory. Transfer: CSU, UC. (IGETC: 6)

FREN 121 ADVANCED ELEMENTARY FRENCH I

Units 3; Class Hours: Minimum of 48 lecture/32 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FREN 110 or equivalent. **Description:** The basic principles of Advanced Elementary French, offered at a less intense pace than French 120. One semester equals approximately half of French 120. May be used for partial fulfillment of transfer language requirements. Transfer: CSU, UC*.

FREN 122 ADVANCED ELEMENTARY FRENCH II

Units 3; Class Hours: Minimum of 48 lecture/32 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FREN 121. **Description:** Further basic principles of Advanced Elementary French, offered at a less intense pace than French 120. One semester equals approximately half of French 120. May be used for partial fulfillment of transfer language requirements. Transfer: CSU, UC*. (IGETC: 6)

FREN 130 INTERMEDIATE FRENCH

(CAN FREN 8) (CAN FREN SEQ B = FREN 130 + 140)

Units 5; Class Hours: Minimum of 80 lecture/32 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FREN 120 or equivalent. **Description:** Reading of short stories, plays or novels, review of grammar, conversation, composition, and dictation. The student is urged to make extensive use of the listening facilities in the language laboratory. Transfer: CSU: C2, UC. (IGETC: 3B)

FREN 140 ADVANCED INTERMEDIATE FRENCH

(CAN FREN 10) (CAN FREN SEQ B = FREN 130 + 140)

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FREN 130 or equivalent. **Description:** Reading of selections from French literature and reading of a contemporary novel; further practice of conversation and composition; continued review of principles of grammar; analysis of idioms. Transfer: CSU: C2, UC. (IGETC: 3B)

FREN 161 READINGS IN FRENCH LITERATURE I

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FREN 140. **Description:** Reading and discussion of works of French literature. Continued review of principles of grammar. Transfer: CSU: C2, UC. (IGETC: 3B)

FREN 162 READINGS IN FRENCH LITERATURE II

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FREN 161. **Description:** Further reading and discussion of works of French literature. Continued review of principles of grammar. Transfer: CSU: C2, UC. (IGETC: 3B)

FREN 196 FRENCH LANGUAGE LABORATORY

Units (Credit/No Credit) 0.5-1; Class Hours: Minimum of 24-48 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): FREN 120. **Description:** A program consisting of 25-50 hours of work to be done in the language laboratory emphasizing speaking and understanding French. Transfer: CSU.

FREN 197 FRENCH PRONUNCIATION

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** Comprehensive study of the theory and practice of pronunciation of the French language. Practical approach, with an emphasis on much oral work in class and in the language laboratory, to improve the pronunciation skills of those persons who have been, or who will be, exposed to French at some level. Background in French recommended. Transfer: CSU.

FREN 801 CONVERSATIONAL FRENCH I

Units (Grade Option) 2; Class Hours: Minimum of 48 lecture hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None. Description: Practical course in the French language approached by way of conversation. Intensive drill in the formulas and idioms of daily speech is supported with sufficient grammar to give flexibility in the spoken language. (This course does not fulfill language requirement of California State Colleges or at the University of California.) Units do not apply toward AA/AS degree.

FREN 802 CONVERSATIONAL FRENCH II

Units (Grade Option) 2; Class Hours: Minimum of 48 lecture hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): FREN 801. Description: Further drill in the formulas and idioms of daily speech supported with sufficient grammar to give flexibility in the spoken language with particular attention paid to enlarging the particular vocabulary. (This course does not fulfill language requirement at California State Universities or at the University of California.) Units do not apply toward AA/AS degree.

FREN 803 CONVERSATIONAL FRENCH III

Units (Grade Option) 2; Class Hours: Minimum of 48 lecture hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): FREN 802. Description: More advanced drill in the formulas and idioms of daily speech supported with sufficient grammar to give flexibility in the spoken language with particular attention paid to enlarging the particular vocabulary. (This course does not fulfill language requirement at California State Universities or at the University of California.) Units do not apply toward AA/AS degree.

FREN 804 CONVERSATIONAL FRENCH IV

Units (Grade Option) 2; Class Hours: Minimum of 48 lecture hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): FREN 803. Description: Further advanced drill in the formulas and idioms of daily speech supported with sufficient grammar to give flexibility in the spoken language with particular attention paid to enlarging the particular vocabulary. (This course does not fulfill language requirement at California State Universities or at the University of California.) Units do not apply toward AA/AS degree.

GEOGRAPHY**GEOG 100 PHYSICAL ENVIRONMENT (CAN GEOG 2)**

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Introduction to the basic characteristics of maps, the earth's grid, seasons, time zones, weather and climate, soils and vegetation, ocean currents, and landforms. The interrelationship of these basic factors is studied in the regional framework of the entire earth's surface. Transfer: CSU: B1, UC. (IGETC: 5A)

GEOG 110 CULTURAL GEOGRAPHY (CAN GEOG 4)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Overview of culture within the geographic framework of race, language, religion, political boundaries, population distribution, settlement patterns, and making a living. Also included is an analysis of spatial distribution of the most important parts of human's cultural occupation of the earth. Transfer: CSU: DSI, UC. (IGETC: 4)

GEOG 301 INTRODUCTION TO MAP READING FOR GIS

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture/16 lab/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: This course focuses on map reading skills and introducing the many uses of geographic information systems software. Transfer: CSU.

GEOG 302 INTRODUCTION TO GIS AND ARCVIEW

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture/16 lab/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): GEOG 301. Description: This course introduces and provides hands-on instruction in ArcView software for geographic information systems. Transfer: CSU.

GEOG 303 GIS APPLICATIONS

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture/16 lab/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): GEOG 302. Description: Applications of ArcView GIS software. Students complete projects in an area of their choice. Transfer: CSU.

GEOLOGY**GEOLOG 100 SURVEY OF GEOLOGY**

Units (Grade Option) 3; Class Hours: Minimum of 32 lecture/48 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Basic principles of igneous, sedimentary and metamorphic geology are covered in this survey course. Also discussed are rocks, minerals and the origin of the earth, continents and mountains. Field trips may be required. Transfer: CSU: B1, B3 (if taken on campus), UC. (IGETC: 5A)

GEOLOG 110 GEOLOGICAL HAZARDS

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; 2 five-hour field trips/semester; Recommended: Eligibility for READ 836, ENGL 836 or 400, and MATH 110 or 111; Prerequisite(s): None. Description: A study of the geological hazards in California and especially in the San Francisco Bay area and how these hazards affect man's social and economic well-being. Topics include earthquakes, landslides and volcanoes. Extensive rock and map studies are included. Two field trips are taken along the San Mateo County coast. Transfer: CSU: B1, UC.

HEALTH SCIENCE

HSCI 100 GENERAL HEALTH SCIENCE

Telecourse: Units 2; Class Hours: Minimum of 32 lecture hours/semester; Basic Skills Level: Open Curriculum; Prerequisite(s): None. Description: Survey of today's most prevalent health problems, including heart disease, cancer, venereal disease, birth control, drug abuse, and emotional disorders. Emphasizes detection, treatment, and prevention of personal and social health problems as well as the promotion of physical and emotional well-being. Transfer: CSU: E1, UC.

HSCI 104 NUTRITION AND PHYSICAL FITNESS

Units 1; Class Hours: Minimum of 16 lecture/8 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, ENGL 836 or 400, and MATH 110 or 111; Prerequisite(s): None. Description: A comprehensive overview of nutritional components and how they relate to athletic performance and health. Basic physiology and its relationship to diet, muscular performance and total health is explained. Each student completes a comprehensive evaluation of their current diet. Transfer: CSU: E1.

HSCI 105 COMMUNICABLE DISEASE

Units 1; Class Hours: Minimum of 16 lecture/8 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: A comprehensive overview of the cause, transmission, symptoms and prevention of major communicable diseases. Student increase their awareness by taking responsibility for their own health. Transfer: CSU: E1.

HSCI 108 WOMEN'S HEALTH ISSUES

Units (Grade Option) 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, ENGL 836 or 400, and MATH 110 or 111; Prerequisite(s): None. Description: Up-to-date study of how lifestyle choices influence current and future health of women. Role of diet, use of vitamin/mineral supplements, physical fitness, and the female menstrual cycle are studied. Transfer: CSU: E1.

HSCI 430 FIRST AID

Units (Grade Option) 0.5; Class Hours: Minimum of 8 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: This course provides training in basic first aid skills. Upon completion, student may obtain Red Cross First Aid certification. Transfer: CSU: E1, UC*.

HSCI 432 CPR: ADULT, CHILD, INFANT

Units (Grade Option) 0.5; Class Hours: Minimum of 8 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: This course qualifies students with CPR certification for health care providers. Includes instruction pertinent to adult, child and infant CPR. Automated External Defibrillator training is also included. Upon completion student may obtain Red Cross CPR Certification. Transfer: CSU, UC*.

HSCI 665 SPECIAL TOPICS IN HEALTH SCIENCE

Units (Grade Option) 0.5-2.0; Class Hours: Minimum of 8-32 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: This course explores contemporary selected topics or themes as they relate to the health of individuals and society. Transfer: CSU.

HISTORY

HIST 100 HISTORY OF WESTERN CIVILIZATION I (CAN HIST 2) (CAN HIST SEQ A = HIST 100 + 101)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: This course surveys the civilizations of Europe and the Mediterranean Region in the ancient, medieval and early modern eras. Topics include: the Mesopotamians, Ancient Egypt, the Hebrews, Greece, Rome, the development and spread of Christianity, Europe during the medieval, Renaissance and Reformation periods, and the Age of Exploration. Transfer: CSU: C2, UC. (IGETC: 3B)

HIST 101 HISTORY OF WESTERN CIVILIZATION II (CAN HIST 4) (CAN HIST SEQ A = HIST 100 + 101)

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Survey of the history of the Western world from the 1500s until today. Topics include the creation of modern nation states, the development of modern political philosophies and economic systems, wars, and major religious, artistic and intellectual movements. Provides a strong foundation for understanding contemporary global issues. Transfer: CSU: C2, UC. (IGETC: 3B)

HIST 102 HISTORY OF AMERICAN CIVILIZATION

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: This course surveys major movements or "currents" of U. S. History from the colonial settlements to the present. Students examine such "patterns" as liberalism and conservatism, nationalism and sectionalism, internationalism and isolationism, laissez-faire and welfare state in order to build a "framework" for understanding the major social, political, and economic events and personalities as they have influenced American society and the "process" of history. Completion of HIST 100, 201 or 202 is recommended. Transfer: CSU: DSI, UC.

HIST 103 WESTERN TRADITION I

Telecourse: Units (Grade Option) 2; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Covers the rise and decline of the civilization of the ancient world, the rise of Christianity, the growth and decline of Medieval society, the renaissance, and the age of exploration. (May not be taken for credit following HIST 100.) Transfer: CSU.

HIST 201 U.S. HISTORY THROUGH 1877**(CAN HIST 8) (CAN HIST SEQ B = HIST 201 + 202)**

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: A survey of U.S. History from pre-Columbian times to 1877. Topics covered include indigenous cultures, European exploration and colonization, the American Revolution and development of the Constitution, slavery, the creation of U.S. political, economic and social institutions, the Civil War, and Reconstruction. Transfer: CSU: DUS-1 & DUS-2, UC. (IGETC: 3B, IGETC: 4)

HIST 202 U.S. HISTORY FROM 1877 TO THE PRESENT**(CAN HIST 10) (CAN HIST SEQ B = HIST 201 + 202)**

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: U.S. History from 1877 until today. The Gilded Age, the Western Frontier, the Roaring 20s, the Great Depression, the World Wars, the Cold War, Vietnam, the Sixties, Watergate, Presidents Carter, Reagan, Clinton and Bush, recent events. Examination of diverse communities and political, economic, intellectual, artistic and social trends. Transfer: CSU: DUS-1, DUS-2 & DSI, UC. (IGETC: 3B, IGETC: 4)

HIST 205 RELIGION IN AMERICA

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: This course is a broad survey of historical religious thoughts and activities in this country. The religious influence on the development of American civilization is studied. Transfer: CSU: C2, UC. (IGETC: 3B)

HIST 242 AFRICAN-AMERICAN HISTORY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: This course addresses the African-American experience in the context of United States history beginning in medieval Africa, continuing through the history of the slave trade, institutionalization of African American slavery and the abolitionist reform movement. The role of African-Americans in the Civil War, Reconstruction years, Jim Crow period, Harlem Renaissance, Depression years and World War II and the "modern civil rights movement" is studied with emphasis on the means for change used by various Black and White leaders. Concurrent with a study of "the past," students also examine current state and national issues, like the affirmative action debate, which influence Black-White relations in America today. Completion of HIST 201 or 202 is recommended. (Fulfills Associate degree Ethnic Studies requirement.) Transfer: CSU: DSI, UC. (IGETC: 3B, IGETC: 4)

HIST 245 RACE, ETHNICITY AND IMMIGRATION IN THE U.S.

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: This course surveys the social, economic and political histories of the diverse ethnic and cultural groups that make up the U.S., including indigenous peoples, African Americans, European Americans, Asian Americans, Latino Americans, and other groups. Historical constructions of race and the roles of race, ethnicity, and immigration in shaping U.S. culture are examined. (Fulfills Associate degree Ethnic Studies requirement.) Transfer: CSU: C2 & DSI, UC. (IGETC: 3B, IGETC: 4)

HIST 246 HISTORY OF LATINOS IN THE U.S.

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Explores the history of Latino peoples living in what is now the United States. Peoples of Mexican, Central American, South American, and Caribbean ancestry are considered. Issues addressed include the formation of Latino communities and identities in the United States, U.S. foreign policy, immigration, and civil rights issues. (Fulfills Associate degree Ethnic Studies requirement.) Transfer: CSU: C2 & DSI, UC. (IGETC: 3B, IGETC: 4)

HIST 247 WOMEN IN U.S. HISTORY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Explores the roles and experiences of women in U.S. History. The course examines women's contributions to the social, political, and economic development of the United States, as well as the challenges to full equality that women have faced. The impact of class, race, ethnicity, and sexuality on women's experience is also considered. Transfer: CSU: C2 & DSI, UC. (IGETC: 3B, IGETC: 4)

HIST 310 CALIFORNIA HISTORY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Survey of major trends in California's growth, including the cultures of native Americans, the Spanish period, the Mexican period, and the development under the United States up to the present. Studied is the constitution of the State of California and early statehood and its relationship to the Federal government and the nature and processes of State and local government under that constitution. Political, economic, social, intellectual, and environmental movements, together with geography are included. Transfer: CSU: DSI, UC. (IGETC: 3B, IGETC: 4)

HIST 315 HISTORY OF SAN MATEO COUNTY

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** Survey of the county's development from the pre-Spanish period up to the present. Other topics examined include the natural setting; the Ohlone Indian culture; the Spanish discovery and settlement; the mission-rancho era; the early American period with establishment of county government; advent of lumbering, railroads, and industry; growth of Bayside and Coastside communities, airports, and industrial parks; contemporary social, economic, and political issues such as population shifts, land development, and voting trends. Transfer: CSU: DSI.

HIST 421 HISTORY OF THE AMERICAS

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** This course surveys the history of North and South America from the times of the pre-Columbian Indian civilizations through the European conquest and colonization. Transfer: CSU: DSI, UC. (IGETC: 3B, IGETC: 4)

HIST 422 MODERN LATIN AMERICA

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** The history of Latin America from independence to the present. Individual countries are studied with an emphasis on political, economic, and social events within countries. The role of the United States is examined, especially in relation to Central America and the Caribbean. Cultural ties that bind Spanish-speaking peoples of the U.S. to Latin America are studied also. (Fulfills Associate degree Ethnic Studies requirement.) Transfer: CSU: DSI, UC. (IGETC: 3B, IGETC: 4)

HIST 425 MODERN LATIN AMERICA AND THE CARIBBEAN

Telecourse: Units (Grade Option) 3; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** Examines various aspects of Latin America and the Caribbean. Provides an overview of the Pre-Columbian, Conquest, Colonial, Independence, and post-Independence periods and then develops various themes—sovereignty, race and ethnicity, role of women, revolutions and revolutionaries, religion, etc.—to give students an understanding of modern Latin America and the Caribbean. (Fulfills Associate degree Ethnic Studies requirement.) Transfer: CSU, UC.

HIST 451 FAR EASTERN CIVILIZATION AND HERITAGE I

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** A broad survey of the historical and cultural development of China and Japan. Emphasis is placed on the religious, philosophical, and artistic development of these countries within the historical context and how, within these traditions, these countries meet the challenge in the present. Attention is also given to the way in which Asian-Americans adjust and identify themselves with their cultural legacy in their new environment. (Fulfills Associate degree Ethnic Studies requirement.) Transfer: CSU: C2, UC. (IGETC: 3B)

HIST 452 FAR EASTERN CIVILIZATION AND HERITAGE II

Units (Grade Option) 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** Continuation of a broad survey of the cultural achievement of China and Japan from the 13th Century to the present. Emphasis is placed on the old cultural traditions, foreign invasions, influences, and the intended colonialism of foreign countries. Modern political development and nationalism are discussed with an attempt to show their ramifications on contemporary Asian-Americans. (Fulfills Associate degree Ethnic Studies requirement.) Transfer: CSU: C2, UC. (IGETC: 3B)

HOME ECONOMICS

(See Fashion Design)

HUMAN SERVICES**HMSV 100 INTRODUCTION TO HUMAN SERVICES**

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** An introductory course for students interested in a career in Human Services. The course covers the history of Human Services, types of functions of Human Services agencies, careers in Human Services, skills utilized in the Human Services professions, ethics, current trends and issues, human need theory, and self-support techniques for Human Service workers. Transfer: CSU.

HMSV 110 INTRODUCTION TO COUNSELING AND INTERVIEWING

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** An introduction to the basic skills and techniques of counseling and interviewing. Course covers listening, responding, building trust, questioning, assessment, reflecting strengths, referral, values, and ethics. Designed for professionals and paraprofessionals in Human Services positions and students preparing for a career in Human Services. Transfer: CSU.

HMSV 115 INTRODUCTION TO CASE MANAGEMENT

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. **Description:** Basic concepts and skills of case management. Course covers philosophy, ethics, concepts, assessment, documentation, record keeping, plan development, linking to community agencies, services monitoring, and an overview of benefits programs. Designed to provide students with knowledge and skills that can be applied to a variety of Human Services settings. Transfer: CSU.

HMSV 120 PUBLIC ASSISTANCE AND BENEFITS PROGRAM

Units 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Overview and examination of Public Assistance benefits awarded under state and federal welfare programs. TANF (Temporary Aid to Needy Families), SSI (Social Security Insurance), MediCal, Medicaid, Medicare and Disability Programs are studied and evaluated and their implications for self-sufficiency examined. Students gain a working knowledge of the various benefit programs available to persons including eligibility requirements, determination and duration. Transfer: CSU.

HMSV 150 REHABILITATION AND RECOVERY

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: An introduction to the principles and practices involved in providing support services to persons with psychiatric disabilities as they move through the process of rehabilitation and recovery. Covers the theory, values, and philosophy of psycho-social rehabilitation; diagnostic categories and symptoms of mental illnesses; the development of rehabilitative environments and support systems; disabilities management; approaches to service delivery, skills, and ethics. Transfer: CSU.

HMSV 151 CURRENT TRENDS AND ISSUES IN PSYCHO-SOCIAL REHABILITATION

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: An overview of the current trends and issues affecting the field of Psycho-social Rehabilitation. Course covers contemporary issues and service delivery trends in rehabilitation as they are applied to a mental health setting. Designed for paraprofessionals currently working in Health and Human Service agencies and students preparing for careers in Human Services. Transfer: CSU.

HMSV 160 SERVING DIVERSE POPULATIONS

Units 3; Class Hours: Minimum of 48 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: A study of how ethnic and cultural differences impact service delivery in the field of Human Services. Focuses on understanding people in the context of their own cultural and ethnic worldview. Provides students with the knowledge, skills and insight necessary to be culturally competent providers. Transfer: CSU

HMSV 161 INFORMATION AND REFERRAL: UNDERSTANDING COMMUNITY RESOURCES

Units 1; Class Hours: Minimum of 16 lecture hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: An overview of key Human Services resources in San Mateo County. Covers the following resources: emergency, alcohol and drug, children's youth, disabilities, education, employment and training, financial assistance, food programs, health, housing, immigration, legal, seniors, recreation and mental health. Access, eligibility, funding, referral and assessment techniques are examined. May be repeated once for credit. Transfer: CSU

HMSV 262 INTRODUCTION TO FAMILY SUPPORT: BUILDING RESPECTFUL PARTNERSHIPS (Also ECE. 262)

Units 3; Class Hours: Minimum of 48 lecture/8 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Overview of Family Support programs within Early Childhood Education. Included is a historical perspective, Family Support principles, and effective communication guides between families, childcare providers, teachers, and community agencies. This course is one of two (HMSV 264, other course) for a specialization for Master Teacher on the Child Development Permit matrix. Transfer: CSU.

HMSV 264 THE LIFE CYCLE OF THE FAMILY (Also ECE. 264)

Units 3; Class Hours: Minimum of 48 lecture/8 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: The life cycle of the family bridging individual and family development with cultural and social perspectives. The emphasis is on the diversity within contemporary families and the establishment of family support programs. This course is one of two (HMSV 262, other course) for a specialization for Master Teacher on the Child Development Permit Matrix. Transfer: CSU: DSI.

HMSV 265 FAMILY DEVELOPMENT PORTFOLIO, PART I

Units 1.5; Class Hours: Minimum of 24 lecture/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): None. Description: Students create a portfolio demonstrating skills in the following areas: a sustainable route to healthy self reliance, worker self-empowerment, building mutually respectful relationships, communication, and cultural competence. Recommended to be taken in conjunction with HMSV 262.

HMSV 266 FAMILY DEVELOPMENT PORTFOLIO, PART II

Units 1.5; Class Hours: Minimum of 24 lecture/16 by arrangement lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): HMSV 265. Description: Continuation of HMSV 265. Students create a portfolio demonstrating skills in the following areas: ongoing assessment, home visiting, helping families access specialized services, facilitating family conferences, support groups, community meetings, and collaboration. Recommended to be taken in conjunction with HMSV 264.

HMSV 366 PRACTICUM IN EARLY CHILDHOOD EDUCATION (Also ECE. 366)

Units 3; Class Hours: Minimum of 16 lecture/96 lab hours/semester; Recommended: Eligibility for READ 836, and ENGL 836 or 400; Prerequisite(s): 12 units of ECE or HMSV. Description: This supervised field experience course focuses on the methods and principles of teaching in early childhood classrooms. Emphasis is on the role of the teacher in a developmentally appropriate setting. This course allows students to gain practical, verifiable experience working with children under the supervision of an experienced teacher. Transfer: CSU.